

# You Are God's Beloved

# Daughter

31 Days of Love Letters from God

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Excerpts from **"His Princess Every Day Devotional"** - by Sheri Rose Shepherd

## Today's Love Letter: Hidden Treasures

My Beloved Daughter,

Wherever your treasure is, there the desires of your heart will also be. I have so many hidden treasures for you to discover, My beloved. I want you to guard your heart; it is the most priceless treasure you have because it's the wellspring of your entire life. Treasures will never be discovered in the wealth of this world. My treasures are found in hidden places that only My children can see. Start with the hidden treasures of My word and then begin to ask Me to go on a treasure hunt with you, and you will discover a life that not only will be priceless to you but a beautiful inheritance to all who have watched you live for My kingdom.

Anything you do for My kingdom is a treasure stored up in Heaven that can never be stolen, not now or in all eternity. Remember, My beloved, My greatest treasure is you, but I want you now to invest your treasured life by discovering the true jewel that you are to Me in this world as you shine bright by living your best life with Me.

Love,

Your Heavenly Father

*The kingdom of heaven is like treasure hidden in a field, which a man found and covered up. Then in his joy he goes and sells all that he has and buys that field (Matthew 13:44).*

### Today's Decision:

Starting today ... I will ask my God to show me what treasures I have chosen to hold onto that are not of my Father. I will guard and protect my heart and from now on only have my treasures and my desires to be for my heavenly Father. I walk today in the truth that I am my God's truest treasure.

## Today's Love Letter: Divine Dance

My Beloved Daughter,

I want to invite you to a divine daddy-daughter dance. Put your feet on Mine and let Me lead you through the dark valleys and back onto the high places. I love when your heart is filled with joy, as if you were dancing to the melody of Heaven. I know sometimes it's hard to dance when you're not sure where I am leading you on the divine dance floor of life. But I'm the one who created you, and I'm the one who numbers your days, and I am the one to lead you if you'll let Me.

If you will say "yes" to My invitation to dance on My feet the rest of your days, together as father and daughter we will inspire others to dance their way to Heaven with you. It's time for some joy, My beloved daughter, it's time to dance. I want to turn all of your mourning into joyful dancing once again.

Love,

Your Heavenly Father v

*You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy (Psalm 30:11).*

### Today's Decision:

Starting today ... I accept my Heavenly Daddy's invitation to dance on His feet and follow His lead. I will not be afraid of the unknown, but instead I will rejoice in the comfort of knowing my Heavenly Daddy has me. Today I choose joy and laughter in my Father's presence.

## Today's Love Letter: My Word

My Beloved Daughter,

I spoke a word and this earth came into being. I spoke you into existence and I gave you My Word as oxygen for your soul. My Word is the only light that will help you navigate your way back to Me when you feel lost and alone in the darkness. Don't allow others' words or interpretations of My Word to complicate the simple, loving, beautiful relationship that I want to have with you. Listen less to the words of this world and remember their words are only an opinion and My Word is omnipotent, filled with unlimited power and potential. My Word will silence your worries and refresh your spirit with living water if you allow it to replace your thoughts with My truth.

My Word spoken into your life will never come back void. My Word will give you what you need to survive and thrive through all the days of your life.

Love,  
Your Heavenly Father

*For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart (Hebrews 4:12).*

### Today's Decision:

Starting today ... The only words that will matter to me from this day forward are the words of God. I know that with my God's Word I will find guidance, I will find who I am, and discover more and more of who my Father is. I will only turn to my Heavenly Father's words and remove the words I have been told by this world. I will only seek truth; I will only seek my God's Word.

## Today's Love Letter: Divinely Dressed

My Beloved Daughter,

You are not a generic brand of beauty, you are a divinely designed reflection of My creativity. I did not create you to fit into any wardrobe of this world, I created you to stand out in every way so people could see My creativity in you. I know it's fun for you to get dressed up and yes, I want you to feel feminine and beautiful. However, I want your internal beauty to be the ultimate accessory in your wardrobe. I can dress you with strength and dignity so you will walk with so much confidence, knowing you're divinely dressed by Me. Your laugh without fear of the future will show off your faith in a way that is far more unique and valuable than any designer brand you could possibly wear. I invite you to let Me be your dress designer today, and I will wardrobe you in a way that the world will see you are a daughter of the King!

Love,

Your Heavenly Father

Strength and dignity are her clothing,

*And she laughs without fear of the future (Proverbs 31:25).*

### Today's Decision:

Starting today ... I realize that I am already a designer brand, divinely different and beautiful, because my Father has made me that way. I know that it doesn't matter all that much about the outside appearance as much as it does about who I choose to be on the inside. Today I want to start by wearing what matters—strength, dignity, and confidence in my Heavenly Father.

## Today's Love Letter: It's Not Fair

My Beloved Daughter,

I know life is not fair. That is why I had to send My Son as a savior for the world and for you personally. I need you to understand, My child, that the enemy will not relent and he will never fight fair. Your ENEMY COMES TO KILL, STEAL, and DESTROY. The goal is NOT to beat the enemy, it is to CHANGE the battleground so you don't lose your fight! I am a just God and there will be a day when I will judge every evil deed on earth. But for now, I don't want you to put your energy and emotions into the work of your enemy, I want you to put your focus on eternity—trusting Me, your Father, to take care of what is not right. I see it all and I promise I will handle it on Judgment Day. But for now, I want you to walk with me wise as a serpent and gentle as a dove.

Love,

Your Heavenly Father

*Be careful - watch out for attacks from Satan, your great enemy. He prowls around like a hungry, roaring lion, looking for some victim to tear apart (1 Peter 5:8).*

### Today's Decision:

Starting today ... I will not fight the snake on the ground, I will go higher and change the altitude of the battleground. I know that the enemy is always looking to take me out, and instead of trying to defeat him or outsmart him, I will turn and trust in my God's Word for wisdom. I will no longer give the enemy power in the battle, but I will allow God to HAVE the power of the battle.



## Today's Love Letter: Conversations

My Beloved Daughter,

I have placed the power in your tongue to change the atmosphere just by your conversations. You are royalty; your words can captivate and cultivate all those who hear you speak My words of life. Pray before you speak, and I will take control of your tongue. You will reap the good fruit of planting in good soil. Let My praise and My goodness flow out of you, and your words will water the souls of all who hear you speak. I love hearing your words of things worthy of praise. You have the honor to represent My Royal Family as My mouthpiece. You'll never regret saying the right things that bring people into a right relationship that are a true reflection of Me.

Love,

Your Heavenly Father

*Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person (Colossians 4:6).*

### Today's Decision:

Starting today ... I repent for all the things I have talked about that polluted my heart and home. I want to become God's girl who brings God's goodness to everyone I talk to. I will no longer allow death to come out of my mouth or the mouth of those I love. I will only allow life and praise to be spoken to me and through me. I choose today to allow my tongue to reflect my heart for my God.

## Today's Love Letter: Fueled by Faith

My Beloved Daughter,

Faith is the only thing that will hold you together when the world around you seems to be falling apart. I want you to learn to live your life fueled by faith; there is nothing too big for Me to handle for you, My beloved. I am your God Who will move a mountain if it stands in the way of My will for you. My power will be seen in your circumstance when you begin to believe I am who I say I am, and I will do as I have promised. You are Mine and I hold in My hand all you will ever need. I love you, but I cannot force you to live by faith. It is your choice. Only you can make the decision to believe and experience the mighty works I want you to see.

Love,

Your Heavenly Father

*Faith shows the reality of what we hope for; it is the evidence of things we cannot see (Hebrews 11:1).*

### Today's Decision:

Starting today ... I realize that my feelings have done nothing to help me, so I choose to not walk by my feelings but by faith. I know there is nothing too big for my God because he has always proven himself faithful, so today I will trust in my Father and what He is doing in my life. Today I make the decision to see all that my Heavenly Father has done and continues to do.



## Today's Love Letter: Your Eternal Focus

My Beloved Daughter,

You are not called to follow Christians; you are called to follow My Son, Christ. I want you to take your eyes off My other children and walk out your faith with Me alone. Together as Father and daughter, we will step out to the front line, where your faith will become an adventure because you'll be focused on your eternal purpose and fighting for the things that matter most. Don't allow anybody else's actions to alter your course of action as you live out what you know to be true and right. You'll never be able to fight the good fight if your faith is in My other children. I want your faith to be in Me alone. I will never let you down or lead you astray, but others will, because they are not perfect. But I am, and I have a perfect plan for you if you will keep your eyes on Me.

Love,

Your Heavenly Father

*The Lord says, "I will rescue those who love me.*

*I will protect those who trust in my name.*

*When they call on me, I will answer;*

*I will be with them in trouble.*

*I will rescue and honor them" (Psalm 91:14-15).*

### Today's Decision:

Starting today ... I will fix my eyes on eternity because there's nothing on this earth that will increase my faith. Only Christ can do that. I will no longer allow others' actions to define my walk with my God, but I will place my eyes on my purpose. I will fight what is worth fighting for, for my faith will be in my Father alone.

## Today's Love Letter: Tears Are a Gift

My Beloved Daughter,

I never expect you to handle the heartache of this life by yourself. Tears are a gift from Me, and I want you to cry out to Me whenever you're hurting, knowing that I hear your heart and I catch every tear. The things you see that break your heart break My heart also, so be careful not to allow the enemy to convince you it's Me that's causing the pain. I sent My Son to bind up the wounds of the brokenhearted, but the enemy of your soul comes to break your heart. That's why I tell you to guard your heart. I want you to be careful who you give your heart to and who you share your heart with. Let Me be your safe place when you cry, you give Me a chance to heal your broken heart. I promise if you come to Me, you will feel My presence and experience My miraculous peace and joy that always comes in the morning after a good cry to your Heavenly Daddy.

Love,

Your Heavenly Father

*Those who plant in tears  
will harvest with shouts of joy  
(Psalm 126:5).*

### Today's Decision:

Starting today ... I will no longer cry out to those who cannot help me or refuse to hear my heart. Instead, I will cry out to my Heavenly Father. I will not be afraid to cry or be brokenhearted because I know my Father is close to the brokenhearted. I will allow my God to mend my heart and hear my pain through my tears. I will experience the joy and peace of my Father's presence through my pain.

## Today's Love Letter: Battlefield of the Mind

My Beloved Daughter,

Because I love you, I want you to take every thought captive by refusing to receive any thought that is not from Me. When the enemy attacks your mind, My Word is your weapon to demolish the lies the enemy throws at you and the thoughts that try to attach themselves to you.

I want you to speak the truth out loud: "This is not from my God; I do not receive it!" Remember, My beloved, My voice brings confirmation, conviction, and a calm to your soul. The enemy's voice crushes your spirit by messing with your mind. It is critical that you be strategic about what you read and watch, and who you listen to, or you will feel conquered by the devil's arrows of discouragement and despair.

Before you believe or receive anything you think or that is said to you, I want you to ask Me, "Is this from You, Daddy, or is this from the enemy?" It's time to equip your mind with My Word like your life depends on it, because it does. You do not ever have to walk defeated when you're My daughter, as long as you suit up in your soul armor of truth, using all the weapons of warfare that I have provided for you, Princess Warrior.

Love,

Your Heavenly Father

*We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ (2 Corinthians 10:5).*

### Today's Decision:

Starting today ... I will deny access to any word or thought from myself, other people, or the enemy, and choose to believe only what my heavenly Father says in His Word. I will

not allow the enemy to attack my thoughts, but instead I will stand against the lies given to me and walk in the truth my Daddy gives me. I will equip my mind with the weapons my Father has provided and come again the warfare that is at hand.

## Today's Love Letter: Truth Is Your Armor

My Beloved Daughter,

You live in a world that believes many lies about life. This is why you, My chosen one, must learn to fight the temptation to live a lie. Only truth will set you apart from the world. Truth may feel like a rough road to walk on; however, truth is the only road that will keep you free from walking in guilt and condemnation. Truth clears confusion. Truth lights even the darkest heart of man. Truth helps the lost find their way to Me. When you walk in My Truth, you will become the salt that causes others to thirst for Me. Repent of all that is a lie in your life today, and you will walk in perfect peace, My beloved, for all your days.

Love,

Your Heavenly Father

*Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me" (John 14:6).*

### Today's Decision:

Starting today ... I will no longer believe what I see in the world; I will only believe what I know from the Word to be true. I will not walk in guilt or condemnation but instead I will walk in the truth of my Father, who clears all confusion. Today I turn from all the lies and find my way back to my Heavenly Daddy.

## Today's Love Letter: Meet Me at the Altar

My Beloved Daughter,

I want to set you free from holding onto anyone but Me. Because I love you, I am asking you today to trust Me with those you love by laying them down at My altar. If you will obey Me, I will bless you as I blessed Abraham for laying down his much-loved son on the altar. Remember, those I place in your life ultimately belong to Me. I know what is best because I created each of you. This test of your faith is not for Me, My beloved warrior ... it is for you. I want you to walk the rest of your days in complete freedom, and not fear for those you love!

Love,

Your Heavenly Father

*“God will provide a sheep for the burnt offering, my son,” Abraham answered. And they both walked on together (Genesis 22:8).*

### Today's Decision:

Starting today ... I will give back to God the ones He gives me—to love and trust Him fully with them so I can love them freely. I let go and lay down those in my life who do not belong to me, and instead I reach to my Father, whom I trust. I will no longer walk in worry but in faith that my Father has created everyone in my life and loves them even more than I do. Today I choose freedom.

## Today's Love Letter: Become Fearless

My Beloved Daughter,

I have not given you a spirit of fear but of a sound mind. Therefore, today I call you Fearless Princess, the way I called Gideon a valiant warrior when he was afraid to fight. I am the same God who gave Gideon the strength to win his battle with the enemy, and I am your God. The only time something will overtake your heart is if you take your eyes off Me. I don't want My girl bound up in terror. As long as you are walking in My power and truth, you have nothing to be afraid of. No matter what it looks like now, victory will always be yours, so fear not, My beloved. I will never leave your side. Day and night I am fighting for you.

Love,

Your Heavenly Father

*For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline (2 Timothy 1:7).*

### Today's Decision:

Starting today ... I declare that fear is a liar and it is not from God. I will not allow it to rule my life any longer. I will walk in what God calls me, Fearless. I will turn my eyes back to my God and not be bound by fear. Today I let go of all the fears that I have allowed in and hand them over to my Father. Instead, I choose to walk in the victories, knowing my Daddy will always be with me.



# Today's Love Letter: Courage to Change

My Beloved Daughter,

I gave My life at the cross for you to have a better life, My beloved. But only you can make the choice to become all I have called you to be. Nothing will change without your effort and obedience to My Word. Your choice to let go of your old life and cling to the new life I offer will become the key to your freedom. You will find something far greater than temporary pleasure; you will find everlasting joy, unshakable peace, and renewed passion. This change will not only affect you. It will also make an everlasting impact on those you love.

Love,

Your Heavenly Father

*So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you nor abandon you (Deuteronomy 31:6).*

## Today's Decision:

Starting today ... I will walk in who I am in Christ and let go of who I was before I asked Jesus into my heart. I make a choice today to lay down who I have become and to walk in who God has called me to be. I choose the freedom to have joy and peace and let go of what I have been holding onto in my life that doesn't belong. Today I start living for my God.

## Today's Love Letter: Get Up

My Beloved Daughter,

The greatest battle you may ever fight is the fight to forgive yourself. Remember, My beloved, all My chosen ones had to get up and receive My gift of grace to finish living out their faith. I gave My disciple Peter the strength to get up from guilt. I gave My anointed king David the grace to get up from the shame of committing adultery. I gave My apostle Paul the mercy to get up from pride and arrogance. I gave My warrior Gideon the courage to get up from his fears. The time is now to accept My forgiveness and finish what I have called you to do. Nothing can keep you down, because My power to rise again is in you.

Love,

Your Heavenly Father

*The righteous keep moving forward, and those with clean hands become stronger and stronger (Job 17:9).*

### Today's Decision:

Starting today ... I will not allow myself to stay down any longer because I am a daughter of the King. I will no longer give my past mistakes the power to keep me from doing my Father's will. Today I choose to walk in the forgiveness my Father has given me and not allow anything to keep me down. Today I will rise in my Daddy's name. Today I choose to win the battle.

## Today's Love Letter: Relational Battles

My Beloved Daughter,

Don't engage in relational battles that drain your strength in trying to prove your point, win your way, or defend yourself. I am your defense, and if you will fight the temptation to give in to relational battles, I will reward you with perfect peace. You are called to live above a life of anger and bitterness. The truth is that nothing anyone has said or done to you can stop My perfect plans or promises from coming to pass in your life. Now, break through to a life filled with peace by walking away from the relational wars of wrath. It is time to fight for the things worth fighting for, and win souls for My kingdom!

Love,

Your Heavenly Father

*What shall we say about such wonderful things as these? If God is for us, who can ever be against us? (Romans 8:31)*

### Today's Decision:

Starting today ... I will stop fighting with people and start fighting for the things that really matter. I will not allow the enemy to distract me with relational war games any longer. I will allow my God to be my defender and fight for me in what I cannot fight in my own strength. I know my Father has a plan for my life, so I give up to Him my anger and bitterness and choose to walk in peace.

## Today's Love Letter: Sovereign Suffering

My Beloved Daughter,

Many times I will allow trials and tribulation in your life to draw you closer to Me and prepare you for battle. Just as I was with Daniel in the lion's den, I am with you in every trial. You are being prepared for greatness, My beloved. I prepared My king David while he was running for his life and hiding in caves. I blinded My apostle Paul until he was ready to see Me as his source of sight. Your trials will lead you to an abundant life of effective and everlasting ministry. This will happen as you allow Me to carve into your character a true reflection of Me while you're in the fire where your faith is being tested.

Love,

Your Heavenly Father

*Shadrach, Meshach, and Abednego replied, "O Nebuchadnezzar, we do not need to defend ourselves before you. If we are thrown into the blazing furnace, the God whom we serve is able to save us. He will rescue us from your power, Your Majesty. But even if he doesn't, we want to make it clear to you, Your Majesty, that we will never serve your gods or worship the gold statue you have set up" (Daniel 3:16-18).*

### Today's Decision:

Starting today ... I will no longer waste one more painful thing I walk through. Instead, I will use it to prepare me for my purpose. I will no longer look at my trials as a punishment, but I will rejoice and praise my Father through them. I know that walking in my purpose will come with tribulation that will mold me into who I am called to be. Today I thank You, my God, for loving me and allowing trials to teach me.

## Today's Love Letter: A Way of Escape

My Beloved Daughter,

I have so much life I want to give you. But the enemy of your soul will set a trap to steal away the beautiful life I created you to live. His game is to create illusion around things that will not last and which eventually will destroy your soul. I create love; he creates lust. What I give is everlasting; what he gives is temporary. He wants you to give up what matters most to Me—your peace of mind, your purity, and your purpose.

I cannot force you to stay out of temptation, but I will warn you, you are not strong enough to walk into his trap and survive it without a fall. However, I will always make a way of escape before it's too late. My beloved, don't trade what you want most for a moment of pleasure.

Love,

Your Heavenly Father

*But you are not like that, for you are a chosen people. You are royal priests, a holy nation, God's very own possession. As a result, you can show others the goodness of God, for he called you out of the darkness into his wonderful light (1 Peter 2:9).*

### Today's Decision:

Starting today ... I will cut off anyone or anything that is tempting me to walk away from what I want most—a foundation of purity and purpose that sets me apart. Today I choose to not turn a blind eye to what Satan has distracted me with, but instead I will come against it in Jesus's name. I have been depending on my own strength and in it I've failed, so I turn to my God and seek the way out He will always provide me because He loves me. Today I decide that I won't give up what matters to me—my Father's will.

## Today's Love Letter: Pick Up Your Cross

My Beloved Daughter,

Nothing you hold onto in this life can be taken with you when your time is over. If you will pick up your cross and lay down your dreams and desires, I will take you on a journey filled with faith adventures. Anything you give up for My sake, you will get back with passion and peace, purpose, and a legacy that will live on long after you're gone. I know what I ask feels like a great sacrifice, and it is! But there's nothing worse, My beloved, than to live for self and never make a sacrifice that makes a difference for someone else. In reality, what you give up now will pale in comparison to when you're living in eternity with Me.

Love,

Your Heavenly Father

*Then Jesus said to his disciples, "If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me" (Matthew 16:24).*

### Today's Decision:

Starting today ... I will lay down my life because my Savior laid down His life for me. I want to live a life that matters and makes a difference in eternity. Today I hand over to my God everything I have made important in my life. I pick up my cross and with it, I pick up my journey in my faith. I lay myself down and live for what makes a difference to those around me; I live to be the love of Christ to someone who needs it. I choose to live my life today for my Heavenly Father's kingdom.

# Today's Love Letter: Hopelessness Is an Illusion

My Beloved Daughter,

Hopelessness is just an illusion, My beloved warrior. I am your hope, and your future is in My hands. Just as I parted the Red Sea of hopelessness for Moses and My chosen people, I will part your sea and you will walk in the promises I have for your life. Don't allow the illusion of the enemy to become reality. Fires will never burn you out; raging waters will not drown your dreams. I am bigger than any challenge you are facing. Now, My Princess Warrior, fight the temptation to give up, and allow Me to walk you into a life filled with indescribable hope for your future!

Love,

Your Heavenly Father

*When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you (Isaiah 43:2).*

## Today's Decision:

Starting today ... I will not allow myself to walk in feelings of hopelessness. Instead, I will walk by faith, because my hope is in Christ alone. I have allowed the enemy's words to be real in my life, and now I choose to hand those words over to You, Jesus. I find my strength in You. I CAN do this and I WON'T give up. You, God, are bigger and you WILL walk with me in everything to come. Today I choose to trust my God.



## Today's Love Letter: Rebuild What Is Broken

My Beloved Daughter,

Don't be overwhelmed by the brokenness you see all around you. I will give you a heart to see the future with hope, and the tools to restore and rebuild what is broken. I am the same God who gave Nehemiah the strength and favor to rebuild the broken walls of Jerusalem, and I will give you the power and strength to do the same. All I am asking of you today is to begin a good work by laying one stone at a time. Rebuild broken hearts with words of hope. Rebuild broken relationships with forgiveness, grace, and love. Rebuild broken cities by serving the community. I will go before you and prepare the people for your good works.

Love,

Your Heavenly Father

*Some of you will rebuild the deserted ruins of your cities.  
Then you will be known as a builder of walls  
and a restorer of homes (Isaiah 58:12).*

### Today's Decision:

Starting today ... I will help rebuild the broken homes and hearts of people, starting with my own family. I will not look ahead but instead I will look at what God has placed in front of me and start there. I know that only in God's strength can I bring to a broken world what is needed. So today I seek out only the strength of my God and rebuild first my heart to then rebuild the brokenhearted.

## Today's Love Letter: Identity Crisis

My Beloved Daughter,

I know your identity is under great attack every day as you are bombarded with lies from the enemy. Too many times, I see you surrender by allowing Satan to make you feel worthless. Don't bow down to these man-made idols to find your worth. You are Mine, and this identity crisis is not My will for you, My beloved treasure. Allow Me alone to appraise your true value and worth. I already proved to you how much you are worth on the cross at Calvary. Starting today, begin to embrace what you really are—My treasured possession and My crown jewel, chosen by Me, the King above all kings!

Love,

Your Heavenly Father

*But now, O Jacob, listen to the Lord who created you.*

*O Israel, the one who formed you says,*

*“Do not be afraid, for I have ransomed you.*

*I have called you by name; you are mine (Isaiah 43:1).*

### Today's Decision:

Starting today ... I will walk in my real identity as a daughter of the King, and help those who follow my lead find their true identity in Christ by my example and encouragement. Today I will start speaking out loud who I am in my Father. I know that only my Father, and no one else, has the right to define who I am, for He is the One who created me in HIS image. Today I choose to embrace myself as my Father's daughter and let go of the words that have made me feel worthless.

## Today's Love Letter: The Bait of Anger

My Beloved Daughter,

I know there is much happening in the world to get angry about. However, anger is a trap set by the enemy of your soul. If you take the bait of anger you will become bitter—and nothing good is ever birthed out of bitterness, My beloved. So when you feel angry, cry out to Me and confess that anger. I am the One who can handle your heart and walk you through the battlefields of rage. I will teach you how to live a life free from the destruction anger brings. You can be at peace as you learn to trust Me to deal with all those who have hurt My girl.

Love,

Your Heavenly Father

*Fools vent their anger,  
but the wise quietly hold it back (Proverbs 29:11).*

### Today's Decision:

Starting today ... I will let God deal with those who have hurt me and others, because His discipline is far greater than my revenge. I hand over to my God what is out of my control and stop allowing the pain of others to control my anger. I hand over any bitterness I have and ask my God to give me peace and compassion. I know my God is my greatest defender, so I choose to allow Him to defend me always.

## Today's Love Letter: Beautifully Broken

My Beloved Daughter,

What you may see as broken inside yourself, I see as beautiful. I am the One who makes beautiful things out of broken hearts. I am the same God who took a brokenhearted orphan named Esther and turned her into a queen who saved My people. Just as I used Esther's pain for My will, I will not waste a single tear you have shed, My love. I can and will use whatever is broken in your life for My glory. My love and mercy will shine brightest in those broken places. I will not only use what is broken, I will rebuild you to become even better and more beautiful than you could ever imagine.

Love,

Your Heavenly Father

*Instead, God chose things the world considers foolish in order to shame those who think they are wise. And he chose things that are powerless to shame those who are powerful (1 Corinthians 1:27).*

### Today's Decision:

Starting today ... I will not hold onto the broken pieces of who I used to be. Instead, I will let God make me into a beautiful reflection of Him. I know there are broken pieces within me and my life, and I choose today to let my God use those for His glory. Today I thank my Father for all of who I am, broken but beautiful.

## Today's Love Letter: Your Body, My Temple

My Beloved Daughter,

Your body is My dwelling place; the place My Holy Spirit resides. My greatest desire is for you to experience good health in your spirit and in your body. Spiritual war will not be won if you go to battle exhausted and weak, My beloved. Take time, My love, to rest and rebuild My temple—your body. I have prepared a table for you to feast from My whole foods. If you commit your diet to Me as My prophet Daniel did, I will reward you with favor, strength, and wisdom, just as I did for Daniel during his reign. Now is your time to do what is needed to run your race and finish strong!

Love,

Your Heavenly Father

*Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself (1 Corinthians 6:19).*

### Today's Decision:

Starting today ... I declare that no food tastes better than being healthy and fit for my King. I will fuel my body intentionally so I can live out my purpose. My body is God's temple and I can experience good health. I choose to let go of what is keeping me feeling unhealthy. I choose to celebrate God's favor and strength for me, so today I commit my diet to my God.

# Today's Love Letter: Break Through to the Blessed Life

My Beloved Daughter,

In everyone's life, there will be a moment when you must choose either to break down or break through to the blessed life. In those hardest moments, every decision you make to trust Me when you don't understand why I am asking you to do something is a choice that will set you up for a total success. My love for you is unconditional, but my promises are not. My daughter, I want to bless you with the breakthrough that comes from your obedience. Choose life by walking in My blessing all your days.

Love,

Your Heavenly Father

*“What is more pleasing to the Lord:  
your burnt offerings and sacrifices  
or your obedience to his voice?*

*Listen! Obedience is better than sacrifice,  
and submission is better than offering the fat of rams” (1 Samuel  
15:22).*

## Today's Decision:

Starting today ... I will do more than receive God's love for me: I choose to have the blessed life He has for me. I choose life. I will push through what feels like the hardest parts of my life— and even though I don't understand in the moments, I will trust in my Father. Today I choose a breakthrough and a blessing.

## Today's Love Letter: Conquer Evil

My Beloved Daughter,

No unrighteous act is unseen by Me, My love. You never need to give in to the temptation to conquer evil by responding with evil. The enemy of your soul wants you to give in to your anger. You will lose your integrity anytime you attempt to triumph over evil with evil. The only way to deal with your enemies and protect yourself in the heat of battle is to guard your heart and pray for your enemies so you don't become like them. Revenge only brings pain; My way brings healing to a world filled with heartache and hate. I will deal with it. I want you to let Me, your Heavenly Father, take care of it for you.

Love,

Your Heavenly Father

*Don't repay evil for evil. Don't retaliate with insults when people insult you. Instead, pay them back with a blessing. That is what God has called you to do, and he will grant you his blessing (1 Peter 3:9).*

### Today's Decision:

Starting today ... I let go of those who have acted evilly toward me. I do not want to become like them, so I'm giving them back to God. I decide today to not return evil with evil but to protect my heart from the evil done to me and let go of hate. Today I trust my Father to take care of me.



## Today's Love Letter: Not of This World

My Beloved Daughter,

There is a reason you never feel settled here on earth: This is not your home. Your true citizenship is in Heaven. I'm asking you not to build a life for yourself here because it will not last. One day, you will be leaving this earth and living with Me in eternity. If you put all your effort and energy into building a life for yourself, in the end you will be let down because there is nothing this earth has to offer that's better than what I can give you. I love giving you gifts on earth, but they are just to be enjoyed, not worshiped or worked for. While you're here, My beloved, glorify Me with your life.

Love,

Your Heavenly Father

*But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior (Philippians 3:20).*

### Today's Decision:

Starting today ... I realize I am not of this world and I have wasted time and energy trying to find a place that feels like home here. I choose to enjoy my life here, but to live for eternity. I wait for the day I get to celebrate my life in Heaven, but for now I live on this earth as my temporary home and will focus on building my Father's Kingdom.

## Today's Love Letter: Rest

My Beloved Daughter,

Remember, My beloved, the enemy will try to steal your rest physically and emotionally. But I am never too tired to carry you when you're too weak to walk. This is one of the privileges of being My child. Take my gift of a Sabbath and rest, My beloved. Allow your body and mind to refuel while you rest, physically and emotionally, in me. I am the One who wants to bear all burdens. Now rest in Me, and I will refresh and renew your strength. It's time to let go of your to-do list and give your body a break, because your Heavenly Father knows what His girl needs.

Love,

Your Heavenly Father

*“Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light” (Matthew 11:29-30).*

### Today's Decision:

Starting today ... I refuse to feel guilty for resting my mind and my body, and I will take the Sabbath, which is a gift for me and a gift to God. I have put so much of my time and energy into constantly going, so I will stop and be still and rest in my God. I will lean on my Father to calm my emotions and rest my heart and mind.

## Today's Love Letter: Praise through the Pain

My Beloved Daughter,

I will not waste your pain, My beloved. I will use every tear you have cried to put a passion in your heart to do something great for My Kingdom. You can find comfort in your darkest hour by praising Me through the painful place you're in. You will not remain in this place long, My love. Soon you will see that I carved something in your character through it all that will draw you and others closer to Me. You are My precious princess, and I will shake the earth if that is what it takes to see your chains fall to the ground.

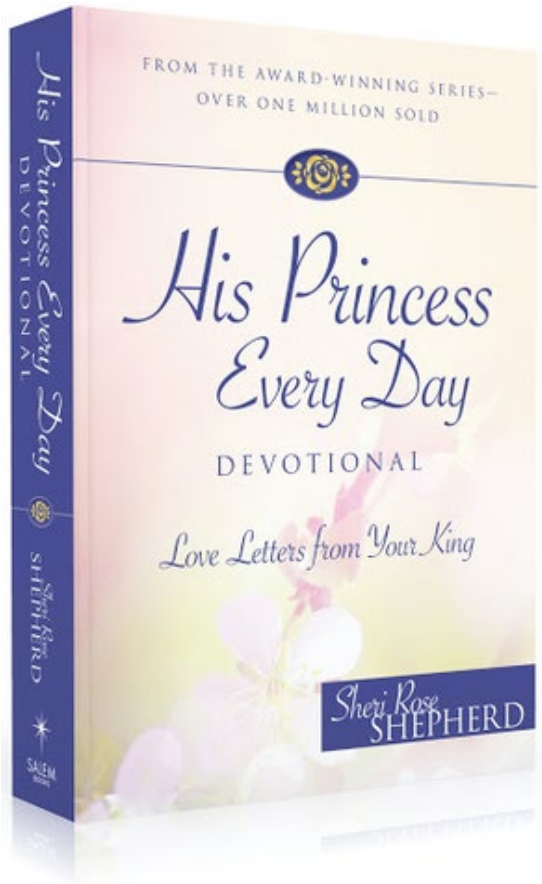
Love,

Your Heavenly Father

*That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever (2 Corinthians 4:16-18).*

### Today's Decision:

Starting today ... I will praise Him through the pain, and cry out to Him until He wipes away every last tear and restores my joy once again. I know my pain won't last forever and there will be peace at the end if I choose to press into my God and allow Him to break these chains. Today I find comfort in my Father's spirit.



*His Princess Every Day Devotional*  
by Shari Rose Shepherd

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## More About Sheri Rose Shepherd

I was raised Jewish in Hollywood, by parents who had three marriages apiece. As a result, I was part of five blended families growing up. When I needed comfort, I found it in food. When I was in pain, I used drugs to escape. By the time I was sixteen, I was overweight and addicted to drugs, and believed I was destined for destruction.

After a friend challenged me to stop making excuses for my poor choices, I changed almost everything about myself externally in just one year: I lost a significant amount of weight, stopped using drugs, changed my friends and my attitude, and improved academically. I went from being an overweight, insecure junior to a powerful, popular senior who had boyfriends and a local beauty title.

But inside, I was still dying—still starving for love, holding onto bitterness and resentment, refusing to forgive those who had hurt me. I felt alone, regardless of how many people were around me. So until I was twenty-four, I dealt with that by losing more weight, winning more pageants, making more money, and overfilling my schedule so I wouldn't have time to feel.

Finally, I decided to end my life. I checked myself into a hotel with enough sleeping pills to overdose on. I threw myself on the floor of my room and screamed, “God, do You exist? If You do, please show me!”

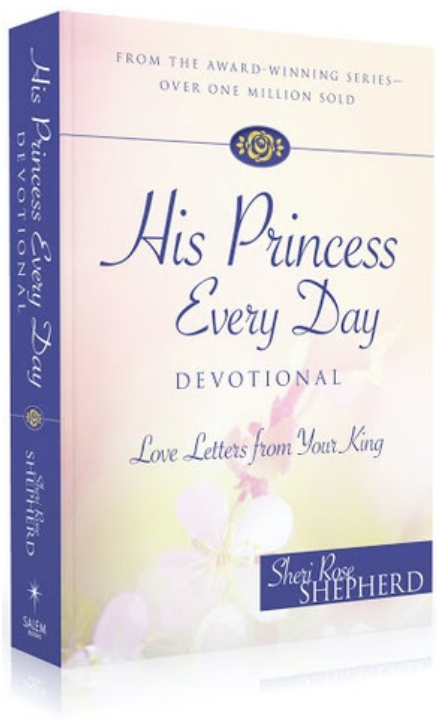
And then ... God revealed Himself to me through two memories.

Allen was my drug dealer in high school. One Friday morning, he said he wouldn't be seeing me at any of the parties that weekend because he was going to some special retreat with a friend. The next Monday when I met him to buy drugs before class, he looked like a completely different person. He handed me a small Bible and began to tell me about his encounter with God, Who had changed his life over the weekend.

A few weeks later, my boyfriend invited me to his grandparents' home for dinner. They were Christian missionaries: Their home was welcoming; there was no fighting at the dinner table; they were a real family that loved each other. I had never seen such kindness, compassion, and unselfishness. For the first time, I experienced the love of God through the love of His people. I was captivated. I had to know more about this Jesus. So instead of taking my life in the hotel room that night, I gave it away—to the King of kings and Lord of Lords.

Women at the conferences where I've been teaching for the last twenty-five years often asked for the faith formula I used to break free from my past, depression, food addiction, and even cancer. But I don't want to just motivate you; I want to mentor you. If you'd like an online mentor to walk with you, please join me at [hisroyalfamily.com](http://hisroyalfamily.com) for refreshing revelations on love, life, and our Lord!

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